



WEEK 8:
OUTDOOR SURVIVAL

JOIN US AS WE EXPLORE THE GREAT OUTDOORS TO LEARN DIFFERENT WAYS TO HELP US STAY SAFE OUTSIDE.

Understanding how to stay safe outside in different situations is important. Sometimes emergencies happen and you might find yourself lost in an unfamiliar place in nature. Whether hiking, camping or exploring, it is best to be prepared. Just like other living things, we need shelter, water and food to survive. Knowing how to find shelter, make a fire, find clean water and when to search for food are life-saving skills. The best thing you can do in a survival situation is stay calm and be prepared. Join us as we learn some of the basics of survival and tips to stay safe outdoors!

DAY 4:

SURVIVAL SCENARIO CHARADES

Whether you're exploring in your yard or on a long hike outdoors, you should always be prepared for the unexpected! You might need to build a shelter from the rain, signal for help if you are in trouble, scare away an animal or decide what to do if you get lost. The best way to prepare for an outdoor emergency is to think about what situations might happen and what you would do in them before you even leave your home. Let's play a game to practice what to do in different situations!

Before you start, you should have:

- An area where you can move around
- Paper and pencil
- Partner(s)
- Optional: timer
- Optional: props or costumes from around your home



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To Play:

1. Set the boundaries for the area you are playing – you'll need room to move around.
2. Think about what you would do in each situation and how you could act it out:

- o Preparing to go on a hike
- o Using a map to guide you
- o Building a shelter
- o Finding a snake on the trail and leaving it alone
- o Applying sunscreen and insect repellent
- o Finding food to eat
- o Filtering water to drink
- o Building a fire
- o Signaling for help
- o Packing a survival kit

Will you need props or different objects to help you act it out? Ask a partner if you need ideas!

3. Write down the following situations on small pieces of paper and fold them in half.
4. Pick a piece of paper and read the situation to yourself. Think about how you will act it without talking or making noises. You can use props, costumes or anything else that you think will help you act out the scenario.
5. Your partner will try and guess what situation you are acting out.
6. They can keep guessing until they are correct or set a timer for 30 seconds.
7. Take turns acting out the different scenarios and guessing what the scenario is.

Keep exploring!

- Play the game without any props or objects to help you.
- Think of different scenarios than the ones already written and practice acting them out.

More information on being prepared and survival scenarios:



<https://www.youtube.com/watch?v=LcpHJWc7WoA&t=107s>



<http://www.equipped.com/kidprimr.htm>

What did you find?

Upload a photo or video and tag the Sam Noble Museum on Instagram or Facebook. You can also use the hashtags **#samnoblehome** and **#summerexplorers** to share!



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